



## Coach Training Assessment Form

Name of Coach		
Name of Assessor		
<b>Training Assessment</b>		
Date of Observations		
<b>The Coach ....</b>	<b>Outcome</b> ✓ or AP = Action Point	<b>Comments</b>
Was appropriately dressed (incl wearing shin-pads).		
Was punctual and has organised equipment in advance.		
Greeted participants and made them welcome.		
Checked that participants are suitably dressed.		
Has planned the training session in advance.		
Carried out an appropriate warm-up activity.		
Gave clear instructions and used non-technical language.		
Demonstrated activities.		
Gave positive feedback and encouragement.		
Did not make unnecessary interventions – kept the pace going.		
Sought feedback from participants and checked understanding.		
Conducted a cool-down activity.		
Demonstrated confidence and enthusiasm throughout the session.		
Maintained discipline.		
<b>General Comments</b>		



## Coach Match Assessment Form

Name of Coach		
Name of Assessor		
<b>Match Assessment</b>		
Date of Observations		
<b>The Coach ....</b>	<b>Outcome</b> ✓ or AP = Action Point	<b>Comments</b>
Organised pre-match communications, eg, times, venue & maps.		
Arrived in plenty of time to supervise preparations.		
Has prepared a match plan.		
Used a stopwatch to monitor time and record substitutions.		
Encouraged team through the game and used clear instructions.		
Maintained a calm composure and did not yell instructions.		
Did not question official's decisions and intervened if parents' conduct was inappropriate.		
Ensured team shook hands with opposition at the end of the game.		
Carried out a post-match team talk which was constructive and positive.		
<b>General Comments</b>		